

Restraints and positive handling

Bounce Back

This policy will be kept under review in the light of legal developments and best practice Next review: Spring 2025 SLT responsibility: Rebecca Swallow.

Physical Intervention and Restraint Policy 2024 Bounce Back alternative provision offers a positive, safe learning environment for its community, in which everyone has equal and individual recognition and respect.

We celebrate success and are committed to the continuous improvement and fulfilment of potential in every child.

We encourage increasing independence and self-discipline amongst the children.

Everyone within the provision has an important role to play in sharing responsibility for the development of positive behaviour and attitudes.

Designated Safeguarding Lead: Rebecca Swallow Deputy Safeguarding Leads: Evie Dyson.

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A Blank PHP

B Blank pupil restraint record Physical Intervention and Restraint Policy.

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3 1. Relevant documentation

1. Keeping Children Safe in Education – 2022
2. Good Behaviour Policy – 2022

Statement of Intent:

At Bounce Back alternative provision, we are committed to a positive behaviour policy which encourages children to make positive behaviour choices and is clearly communicated and understood by pupils, parents and staff.

We aim, as a provision, to produce a safe and secure environment where all can learn.

On rare occasions, circumstances may result in a situation that requires some form of physical intervention by staff, however de escalation techniques are used first and foremost.

This policy aims to produce a consistent response to any incidents that may occur and make clear each person's responsibilities with regard to physical intervention and restraint.

Our policy for physical intervention is based upon the following principles: -

- Physical intervention should be used only as a last resort when other appropriate strategies have failed.
- Any physical contact should be only the minimum required.
- Physical intervention must be used in ways that maintain the safety and dignity of all concerned.
- Incidents must be recorded and reported to the manager as soon as possible
- Parents will be informed of each incident

2. The legal framework: Section 93 of the Education & Inspections Act 2006 allows 'teachers and other persons who are authorised by the Head Teacher who have control or charge of pupils to use such force as is reasonable in all the circumstances to prevent a pupil from doing, or continuing to do, any of the following: -

- causing injury to his/herself or others
 - committing an offence
 - damaging property
- Physical Intervention and Restraint Policy This policy will be kept under review in the light of legal developments and best practice Next review: Spring 2025 SLT responsibility: A Rebecca Swallow
- prejudicing the maintenance of good order & discipline'

Our Approach At Bounce Back alternative provision, we aim to avoid the need for physical intervention and regard this as a last resort in a minority of situations.

We always aim to deal with behaviour using a positive approach and therefore this policy should be read in conjunction with our Good Behaviour Policy.

It is not possible to define every circumstance in which physical restraint would be necessary or appropriate and staff will have to exercise their own judgement in situations which arise within the above categories.

Staff should always act within the provisions policy on behaviour and discipline, particularly in dealing with disruptive behaviour.

Staff should be aware that when they are in charge of children during the school day, or during other supervised activities, they are acting in loco parentis and have a 'Duty of Care' to all children they are in charge of.

They must, therefore, take reasonable action to ensure all pupils' safety and wellbeing.

Staff are not expected to place themselves in situations where they are likely to suffer injury as a result of their intervention.

Roles

The Manager

- Lead the implementation of the contents of this policy and communicate its contents to all members of the school community.
- Ensure that the provision is a safe place for all children and staff.
- Ensures incidents are recorded appropriately.
- Ensures that all staff members receive sufficient training to be equipped to deal with incidents that require physical intervention and restraint.
- Ensures that staff receive appropriate support following an incident.

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Staff

- Follow the positive handling plans for those with recognised emotional/behavioural difficulties.
- Inform the manager of any incidents involving physical intervention or restraint.
- Communicate effectively and promptly with parents.
- Write/review PHP and share with parents and relevant staff.
- Record incident on relevant RPI forms and file in appropriate file. Copies of all forms will be uploaded to the child's CPOMs record.
- Communicate any concerns to the head teacher of the school.

Parents

- Attend meetings arranged by members of staff and cooperate in devising strategies, planned responses and PHPs which will support the child.
- Sign and support the PHP.
- Communicate any concerns to an appropriate member of staff.

5. Use of Reasonable Force & Physical Restraint

The term 'reasonable force' covers the broad range of actions used by most educational staff and provisions staff at some point in their career that involve a degree of physical contact with pupils.

Force is usually used either to control or restrain.

This can range from guiding a pupil to safety by the arm through to more extreme circumstances such as breaking up a fight or where a student needs to be restrained to prevent violence or injury.

All members of staff have a legal power to use reasonable force.

Reasonable force can be used to prevent pupils from hurting themselves or others, from damaging property or from causing disorder.

Members of staff can use reasonable force to:

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- prevent a pupil from attacking a member of staff or another pupil, or to stop a fight in the outdoor area.
- restrain a pupil at risk of harming themselves through physical outbursts. In all circumstances, alternative methods should be used as appropriate with physical intervention or restraint, a last resort. When physical restraint becomes necessary: DO
- Tell the pupil what you are doing and why
- Tell the pupil what s/he must do for you to remove the restraint (this may need frequent repetition)
- Use simple and clear language
- Relax your restraint in response to the pupil's compliance DON'T
- Act in temper (involve another staff member if you fear loss of control)
- Involve yourself in a prolonged verbal exchange with the pupil.

Actions after an incident:

Physical restraint often occurs in response to highly charged emotional situations and there is a clear need for debriefing after the incident, both for the staff involved and the child. The manager should be informed of any incident as soon as possible and will take responsibility for making arrangements for debriefing once the situation has stabilised.

An appropriate member of staff should always be involved in debriefing the child involved and any victims of the incident should be offered support, and their parents informed. After any incident involving restraint a PHP will need writing/reviewing. It is also helpful to consider the circumstances precipitating the incident to explore ways in which future incidents can be avoided. All incidents should be recorded immediately on the Pupil Restraint Record Form.

All sections of this report should be completed so that any patterns of behaviour can be identified and addressed.

In the event of any future complaint or allegation this record will provide essential and accurate information. A copy should be filed in the Physical Intervention & Restraint file, kept in a secure place within the office in order to inform individual PHP's and school risk assessments.

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A manager will contact parents as soon as possible after an incident, normally on the same day, to inform them of the actions that were taken and why, and to provide them with an opportunity to discuss it.

7. Positive Handling Plans:

If we become aware that a child is likely to behave in a disruptive way that may require the use of reasonable force, we will plan how to respond if the situation arises. Such planning will address:

- Strategies to be used prior to intervention
- Ways of avoiding 'triggers' if these are known
- Involvement of parents to ensure that they are clear about the specific action the provision might need to take

- Briefing of staff to ensure they know exactly what action they should be taking (this may identify a need for training or guidance)
- Identification of additional support that can be summoned if appropriate

The Provision duty of care to all children and staff

Complaints and Allegations:

A clear physical intervention and restraint policy, adhered to by all staff and shared with parents, should empower everyone working with children within bounce back.

Any concern about the use of Physical intervention and restraint would lead to a full investigation. It is our intention to inform all staff, children, parents and school about these procedures and the context in which they apply.

Recording All behaviour incidents, where restraint is needed, are to be recorded.

All incidents to also be recorded on a 'Record of intervention Form' This form will be signed by any staff involved or observing and the manager. It will be kept in the Physical Intervention & Restraint file in the secured office.

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This policy is monitored on a day-to-day basis by the manager and all staff, by talking with children, both formally and informally, from parents' communications and from colleague observations and reporting.

Date:.....

Name.....

Staff member.....

Support

Medical Things/subjects I like/am good at Triggers Anxiety behaviours Defensive behaviours Crisis behaviour Follow up Consequences Child Parent member of staff and manager.

De-escalation list Verbal advice and support Giving space Reassurance Help scripts

- Negotiation Choices,
- Humour Consequences,
- Planned ignoring,
- Take up time Time -out,
- Supportive touch,
- Transfer adult Success,
- reminded Simple listening Acknowledgement,
- Apologising Agreeing,
- Removing audience Others,
- Physical intervention,
- list Friendly escort,
- Single elbow,
- Figure of four,
- Double elbow,
- Single elbow in seats,
- T Wrap,
- T Wrap to seats,
- Seats to T Wrap,
- T Wrap to ground,
- Cradle,

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Name of Child:

.....

Date of incident Place/s incident occurred:

Reporting staff:

..... Other staff

involved:.....

.....

..... Other

witnesses:.....

..... Start time (please use 24 hour clock):..... End time:.....

How did the incident begin? (Antecedents) What led to the incident/triggered the behaviour?

What behaviour was observed? (Behaviour) State actual behaviour observed, e.g. hitting rather than aggressive. Intervention no. Record of Interventions What was done to defuse/de-escalate the situation?

Place.....

Was a Restrictive Physical Intervention used?

.....

post incident, support Reason why reasonable force was thought necessary

.....

The pupil was at immediate risk of injury

.....

The pupil was placing other pupils at risk of injury

.....

The pupil was placing staff or others present at risk of injury

.....

Description of physical interventions used TT

.....

Technique used Length of time Staff involved TT

.....

Technique used Length of time Staff involved Friendly Escort Seats to T wrap Single Elbow T Wrap to ground Double Elbow Cradle Figure of Four Bite response Single Elbow in Seats Hair Grab Response Ignoring Calm talking Negotiating Humour Remove Audience Acknowledgement Apologising Verbal advice / support Transfer Adult Behaviour Management Plan followed Other (please state):

Post incident support

Incident discussed with child at level appropriate to their understanding ▪ By whom?

.....

Post incident discussion with child (Brief description of outcomes)

.....

Was the pupil's positive handling plan followed?

.....

No plan was in place

.....

Yes and was adequate to manage the incident

Yes but additional measures were needed as behaviour had not been experienced before and the PHP will need reviewing Parents informed By telephone – by whom?

..... In home/school diary – by whom?

..... Letter sent home – by whom?

Injuries – please tick all that apply and add HS1 number to brackets []

T Wrap Clothing Grab Response T wrap to Seat Safe Neck Disengagement Staff injured []

HS1 completed Pupil involved in incident injured [] HS1 completed Other pupils injured []

HS1 completed Other people injured []

HS1 completed All staff involved please sign to confirm this is an accurate record of the incident:

Signed: Date: Signed:

..... Date: Signed:

..... Date: Incident reported to:

Action taken by Manager ☐

RPI record completed fully and correctly - Yes/No

☐ Serious Incident Book (and HS1 if required) completed and signed

☐ Serious Incident Report letter sent home

☐ Report reviewed with staff and support/guidance provided

☐ Parents informed by Manager

o Telephoned o Invited into school

o Other – please state:

☐ Other professionals informed: Name Designation Date informed and how Signed:

..... Time: Date: